



Howard Liu, M.D., M.B.A. MEDIA BIO

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Television • Radio • Print • Online

NATIONAL MEDIA PRESENTATIONS

2/6/23

Interviewed by Robert Garrova for the LAist on Asian American Pacific Islander mental health after the shooting in Monterey Park, California. LAist "For many in California's AAPI community, finding mental health support is hard." <https://laist.com/news/health/for-most-of-californias-aapi-community-finding-mental-health-support-is-hard>

12/27/22

Interviewed by Cara Murez HealthDay Reporter on the relationship between stress and stroke risk. US News & World Report "Stress can help bring on a stroke study shows." <https://www.usnews.com/news/health-news/articles/2022-12-27/stress-can-help-bring-on-a-stroke-study-shows>

12/28/22

Interviewed by Dr. Alicia Zellmer, and Dr. Joy Liu, from the ABC news medical unit, on seasonal affective disorder, the winter blues and the Danish concept of "hygge." Good Morning America "Practicing hygge can help you beat the 'winter blues'" <https://www.goodmorningamerica.com/amp/wellness/story/practicing-hygge-beat-winter-blues-95724055>

7/4/22

Interviewed by Jamie Hopkins and Ana Trujillo Limon on mental health and workplace sustainability. "Reconnecting for Better Mental Health" <https://www.youtube.com/watch?v=suyj0oLPPfM> CarsonGroupLLC/status/1544346667905843204

6/6/22

Interviewed by Andrea Chipman, Newsweek reporter, on child mental health surveillance. Newsweek "When to be concerned about your teen's mental health." <https://www.newsweek.com/when-concerned-about-your-teens-mental-health-1711471>

5/24/22

Interviewed by Dennis Thompson, HealthDay Reporter, on brain changes in combat sports.
US News & World Report "Mixed martial arts fighters show signs of brain changes"
Tyler Morning Telegraph "Mixed martial arts fighters show signs of brain changes"
Elk Valley Times "Mixed martial arts fighters show signs of brain changes"

5/24/22

Interviewed by Pauline Anderson, Medscape reporter, on research on Lebanese expatriates experiencing trauma after the 2020 Beirut explosion. Medscape Psychiatry, "Disasters abroad a major trigger for mental illness in expats" (Last accessed 5.27.22.)

3/29/22

Served as expert on social media and parenting for a 13-minute video produced by the APA. Social media and children's mental health" <https://www.youtube.com/watch?v=47C6P8HwyKY>

6/14/21

Interviewed by Forbes reporter, Lipi Roy, MD, MPH, on 'Lifelong Pals, Anxiety': Why Ryan Reynolds, Naomi Osaka, and Other Celebrities Need to Discuss Mental Health.

NATIONAL MEDIA PRESENTATIONS

3/15/19

Interviewed by Boston Globe reporter, Amitha Kalaichandran, on bullying in medical education.
"In America, becoming a doctor can prove fatal."

2/28/19

Served as expert on rural mental health for an hourlong program hosted by Christina Loren. Rural America Live

6/1/18

Interviewed by Pediatric News reporter, Dinah Miller, on the utility of depression screening of adolescents. Pediatric News "Universal depression screening for adolescents not without controversy." (last accessed 7.3.18)

2/13/18

Interviewed by AAMCNews reporter Stacy Weiner on psychiatrist workforce shortages and solutions implemented by US medical schools. AAMCNews "Addressing the Escalating Psychiatrist Shortage" (last accessed 7.3.18)

REGIONAL AND LOCAL MEDIA PRESENTATIONS

2/2/23

Interviewed by Molly Hudson from KMTV 3NewsNow. "Omaha mental health professionals share resources and concerns with care."
<https://www.3newsnow.com/news/local-news/omaha-mental-health-professionals-share-resources-and-concerns-with-care>

12/22/22

Interviewed by local television news reporter, Joey Safchik, on the need for speaking out for inclusion in Omaha. "Acts of kindness: celebrating Hanukkah and unlikely friendship in Omaha." KETV Omaha.

<https://www.ketv.com/article/omaha-celebrating-hanukkah-and-unlikely-friendship/42320906>

5/25/22

Interviewed by Katherine Garcia from KETV7 on "It's okay to not have all the answers: UNMC psychiatrist offers parents advice following Texas mass shooting.

3/31/21

Interviewed by newspaper reporter, Julie Anderson, on a new forensic psychiatry fellowship. Omaha World Herald.

3/30/21

Interviewed by local television news reporter, Jessica Eidson, on a new forensic psychiatry fellowship program – "Sarpy Board approves UNMC inmate mental health fellowship program." 3NewsNow

1/11/21

Article published on front page of the local newspaper - "Long envisioned psychiatric emergency center now open at Nebraska Medical Center." Omaha World Herald

1/6/21

Article published on telehealth and child psychiatry - "The child psychiatrist is in your living room."

7/15/20

Interviewed by Aubrey Schieuer with Moments in Medicine on resources for helping parents prepare children for returning to school – "Your COVID-19 classroom conversation guide." "Your COVID-19 back-to-school safety guide."

6/30/20

Interviewed by KETV studio on racism and children - "'I've never heard children speak like that before': racial slurs sent to 9-year-old girl's cellphone."

12/20/19

Interviewed by Katy Spratt Joyce with Popular Science on screen time and addiction in youth - "Stop screens from taking over your life."

8/12/19

Interviewed by Jennifer Griswold with KMTV on the topic of "Sharenting."

8/6/19

Interviewed by Jennifer Griswold with KMTV on the topic of "How to talk to your kids about mass shootings."

6/13/17

Interviewed by local radio show. "How to deal with those with mental illness."
KFAB-AM (1110), Good Morning Show, Host Gary Sadlemyer.

10/3/15

The Grand Island Independent, "Nebraska's rural communities facing shortage of psychiatrists, mental health providers"

9/30/15

Video interview with UNMC Chancellor Gold's "Under the Microscope" segment on the launch of the Interprofessional Academy of Educators at UNMC, Omaha, NE.

4/15/15

Video interview with UNMC Chancellor Gold's "Under the Microscope" segment on the development of the Interprofessional Experiential Center for Enduring Learning (iEXCEL) and the Interprofessional Academy of Educators at UNMC, Omaha, NE.

REGIONAL AND LOCAL MEDIA PRESENTATIONS

3/16/15

Omaha World Herald, ""Watch and discuss 'Mommy' –UNMC doctor to lead panel, featuring Dr. Howard Liu."

3/6/15

Midlands Business Journal, "Liu spurs collaboration, innovation in behavioral healthcare at UNMC"

12/16/14

Panel discussion at Film Streams after the documentary film on mental illness and the Hemingway family,

"Running from Crazy," KIOS-FM Omaha (1110), "Film Streams discussion: Running from Crazy"

8/12/14

Interviewed by local radio show. "Depression and the suicide of Robin Williams"

KFAB-AM (1110), Good Morning Show, Host Gary Sadlemyer.

6/8/14

Interviewed by local television studio on fears and children.

KETV-ABC "When are fears irrational, and when should a parent seek help?"

3/12/14

Interviewed by ustream.tv (Omaha) "Living with mental illness, Next to Normal at Omaha Community Playhouse, featuring Dr. Howard Liu"

2/24/14

Interviewed by KPTM Fox News. Also broadcast on KMPH-TV-FOX (Fresno-Visalia, CA)

"ADHD affects 7 to 11% of the population, featuring Drs. Joe Evans and Howard Liu."

2/13/14

Interviewed by Omaha Public Radio on story about childhood mental illness and the 'Next to Normal' play.

Katie Knapp Schubert, News Director, Omaha Public Radio

11/21/13

Interviewed by the North Platte Telegraph newspaper regarding the new guidelines for social media and children. "Screened out," by Heather Johnson.

10/24/13

Interviewed by local television studio on fears and adults

KNOP-NBC (North Platte) "Why some people like to be frightened and others do not"

10/14/13

Interviewed by local television studio on fears and children.

KETV-ABC "Fearing some things, yet not worry about other things"

4/12/13

Interviewed by local radio shows regarding the behavioral health workforce shortage in Nebraska and BHECN's role in recruiting interested students KRVN (880), Host Jeff Axtell The River (93.1), Host Jeff Axtell

1/18/13

Interviewed by two local radio shows, regarding internet hoaxes and mental health implications, KFAB-AM (1110), Host Gary Sadlemyer; Q98.5 FM, Pat and JT Show, Hosts Pat Safford and Jill Thomas

12/19/12

Interviewed by local radio station on signs of mental illness that are associated with violence, KFAB-AM (1110), Host Gary Sadlemyer

5/12

Interviewed by a state newspaper, The Omaha World Herald, regarding suicide prevention. "In quest for answers, suicides leave questions." Rick Ruggles.

4/12

Interviewed by a state newspaper, The Omaha World Herald, regarding an online depression training program for primary care providers "Rural docs to get mental health info online." Rick Ruggles.

8/11

Interviewed by local television station about child psychiatric issues regarding school transitions and cyberbullying. KETV of Omaha Channel 7 Morning News, ABC affiliate, Live interview, hosted by Anchor Jeremy Maskel

7/11

Interviewed by local television station about child and adolescent psychiatry topics such as bipolar disorder, sexual abuse, cyber-bullying, and ADHD KETV of Omaha Channel 7 News at 10, ABC affiliate, "KETV Healthwatch Asks, UNMC Answers."

REGIONAL AND LOCAL MEDIA PRESENTATIONS

6/11

Interviewed on the local public television show, "Consider This," on the effects of violent video games on children: NET1 (KUON-TV Channel 12) & NET1 (KYNE-TV Channel 26), Consider This, "Violent Video Games," Cathy Wyatt interview.

4/11

Interviewed by Omaha Action 3 News, "How to Talk to Your Kids about Violence." Paul Gutierrez interview.

11/10

Interviewed by local television stations about ADHD diagnosis and treatment.
KETV of Omaha Channel 7 News at 10, ABC affiliate, "ADHD Rates Increase"
WOWT 6 Omaha, NBC affiliate, Live interview, hosted by Anchor Brian Mastre

10/10

Interviewed by local radio station about violence and mental illness:
1110 KFAB NEWSRadio, "The KFAB Good Morning Show." Hosted by Gary Sadlemyer

8/9

Interviewed by local television station about child and adolescent psychiatry topics such as ADHD, depression, violent video games, bullying, and aggression: KETV of Omaha Channel 7 News at 10, ABC affiliate, "KETV Healthwatch Asks, UNMC Answers."

BIOSKETCH

Howard Liu, MD, MBA, is a nationally recognized psychiatrist, educator, workforce expert, social media innovator, and equity advocate at the University of Nebraska Medical Center (UNMC). He serves as the Chair of the UNMC Department of Psychiatry, a Professor with Tenure in the UNMC College of Medicine, Chair of the American Psychiatric Association's Council on Communications, Co-chair of the World Psychiatric Association's Working Group on Medical Students and as the Past President of the Association of Directors of Medical Student Education in Psychiatry (ADMSEP). Previous roles include Nebraska state workforce director for mental health careers, psychiatry clerkship director and Assistant Vice Chancellor for Faculty Development. He is a Distinguished Fellow of the American Academy of Child & Adolescent Psychiatry and serves on the program committee of the American College of Psychiatrists (ACP).

As chair of psychiatry, Dr. Liu was instrumental in the creation of a new UNMC adult psychiatry residency program, the creation of an addiction medicine fellowship, and the launch of Nebraska's first Adult Psychiatric Emergency Services (PES). Dr. Liu is an innovative teacher who is internationally known for the use of technology in medical education and is a recipient of the Creativity in Psychiatric Education Award from the American College of Psychiatrists. He is an expert on the professional use of social media in healthcare and chairs the social media committee of the American Association of Chairs of Departments of Psychiatry (AACDP). Dr. Liu is a champion for gender equity in leadership and has served as an invited speaker at the Harvard Women's Leadership Course, the Brave Enough Conference, and the Women in Medicine Summit. He is a leader in Asian American Pacific Islander (AAPI) inclusion in healthcare leadership and serves as faculty advisor to the UNMC AAPI Student Association and as the executive sponsor of the Nebraska Medicine AAPI Employee Resource Group. Dr. Liu is nationally known for expertise in developing mental health pipeline programs in rural and urban underserved communities. Nationally and internationally, Dr. Liu has presented over 100 peer-reviewed abstracts and is a frequent invited speaker and media expert on mental health.

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