What’s in Your Toolbox? CBT Strategies for Chronic Pain and SUD
ECHO Call: Tuesday, February 22, 2022, 12-1 p.m. (MST)/1–2 p.m. (CST)

Presenter: Tina Chasek, Associate Professor, UNO

Dr. Chasek is Associate Workforce Director for UNMC’s Behavioral Healthcare Center of Nebraska. Dr. Chasek is a practicing mental health and addictions counselor with over 20 years of experience in treating substance use disorders. Dr. Chasek serves on the Nebraska Alcohol and Drug Licensing Board, Past President of the International Association of Alcohol and Drug Counselors, and coordinates Project ECHO in Nebraska.

Overview:
This ECHO (Extension for Community Healthcare Outcomes) is comprised of a group of experts assembled to help care teams in Nebraska address complex issues related to addiction and pain.

Target Audience:
Our target audience continues to be all health care providers (physicians, physician assistants, nurse practitioners, registered nurses, psychologists, licensed mental health therapists, social workers, and licensed alcohol and drug counselors) in the state who treat patients that have pain and/or substance use disorders, involving opioids primarily.

Educational Objectives:
- Summarize evidence-based CBT options for pain disorders and SUDs
- Analyze treatment options specific to Nebraska

Accredited Continuing Education:
In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.
The University of Nebraska Medical Center designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The University of Nebraska Medical Center designates this activity for 1.0 ANCC contact hour(s). Nurses should only claim credit for the actual time spent participating in the activity.
Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity has been approved for 1.0 credit hour of continuing education credit.
As a Jointly Accredited Organization, University of Nebraska Medical Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWBI) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Nebraska Medical Center maintains responsibility for this course. Social workers completing this interactive live activity receive 1.0 continuing education credit. Social work level of content: Intermediate
This activity meets the criteria of an approved continuing education program for Licensed Drug and Alcohol Counselors (LADC).