



University of Nebraska  
Medical Center

# Pain & Substance Use Disorder ECHO



## Learn from Substance Use Disorder Experts!

**What:** ECHO (Extension for Community Healthcare Outcomes) is an opportunity for providers across the state to get specialist knowledge, clinical advice, and recommendations from substance use and pain management specialists in a virtual learning network.

**More about ECHO:** ECHO uses videoconferencing technology to connect addiction and pain management specialists with providers to discuss de-identified cases related to substance use disorders. Each ECHO call consists of a brief didactic presentation followed by a clinical case discussion from a provider and recommendations from the team for treatment.

### **Clinical Goals/Objectives:**

- Identify the evidence-based medications available to treat patients with disorders related to the use of opioids, alcohol, and nicotine.
- Discuss which patients are appropriate for medication management for the treatment of substance use disorders including the cross-section of pain and addiction on a biological and behavioral level.
- Describe how pairing psychotherapeutic and/or psychosocial interventions with medications can impact patient outcomes experiencing pain and substance use disorders.
- Utilize effective communication strategies to facilitate discussions and interactions to enhance team function as derived from ECHO Project case scenarios.

### **How it works:**

- Register for each call.
- Join an online video conference from your office.
- Share and discuss clinical cases related to pain management and substance use disorders.
- Learn from experts in pain management and substance use disorders.

**Who should participate:** Our target audience continues to be all health care providers (physicians, physician assistants, nurse practitioners, registered nurses, psychologists, licensed mental health therapists, social workers, and licensed alcohol and drug counselors) in the state who treat patients that have pain and/or substance use disorders, involving opioids primarily.

When: 12-1 p.m. Mountain/1-2 p.m. Central, typically the 2nd and 4th Tuesdays of the month via Zoom.

### **Why Participate:**

- Opportunities to collaborate with experienced providers statewide including the following professions: LMHPs, physicians, psychologists, advanced practice nurses, registered nurses, LADCs, social workers, and individuals with lived experience.
- We provide free continuing education hours and for prescribers, attendance will count for the required hours needed to maintain licensure in Nebraska.

**NEBRASKA**  
Good Life. Great Mission.  
DEPT. OF HEALTH AND HUMAN SERVICES

UNIVERSITY OF  
**Nebraska**  
Medical Center

## To Participate and register:

Register for the ECHO series at:

<https://bit.ly/unmcprojectecho>



## Curriculum for Case-Based

### Learning and Discussion:

- Addressing Stigma: Medications for Addiction Treatment - Oct. 12, 2021
- Harm Reduction Models for SUD - Oct. 26, 2021
- How to Deal with Difficult People and Navigate Difficult Conversations - Nov. 9, 2021
- Emerging Issues: Psychedelics in Addiction Treatment - Nov. 23, 2021
- Medication Assisted Treatment (MAT) for Opioid Use Disorder, Dec. 14, 2021
- African American Opioid Use and Trauma - Jan. 11, 2022
- Emerging Technologies for SUD and Pain Disorders - Jan. 25, 2022
- Emerging Technologies in Recovery, Feb. 8, 2022
- What's in Your Toolbox? CBT Strategies for Pain and SUD. - Feb. 22, 2022
- Co-Occurring Pain and Substance Use Disorders - March 8, 2022
- Social and Peer Support - March 22, 2022
- SBIRT and Assessment Tools for Pain and SUDs - April 12, 2022
- MAT 201 - April 26, 2022
- Non-Pharmacological Options for Pain Management - May 10, 2022
- PDMP Update - May 24, 2022
- Recovery Support Networks - June 14, 2022
- ASAM: Medical and Behavioral Health Perspective - June 28, 2022
- Now That I Know That There is SUD, What Do I Do Next? - July 12, 2022
- Recovery and Relapse: The 7Fs, July 26, 2022
- Simplifying complex issues: Pain, Personality, and Addiction - August 9, 2022
- Special Populations: Pain and SUDs: Geriatrics - August 23, 2022
- How to Leverage a Teamwork Approach for Treating SUDs and Pain Disorders - Sept. 13, 2022
- Evidence Based Treatments for Stimulant Use Disorders - Sept. 27, 2022



**Aaron Barnes**  
Addiction Recovery  
Coach, Personal  
Trainer, Omaha



**Janet Bernard, MD**  
Family Physician,  
North Platte



**Dr. Christine Chasek**  
Chair/Assoc. Professor  
Counseling Department  
Associate Workforce Director  
BHECN-UNMC  
UNO



**Emily Hensley, PMHNP**  
Psychiatric Nurse  
Practitioner, Omaha



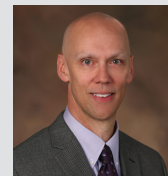
**Alicia Krause, RN, BSN**  
Addictions/IOP Nurse  
UNMC, Omaha



**John Massey, MD**  
Pain Medicine Specialist, Lincoln



**Cindy Schreiber,**  
**LICSW, PLADC**  
Clinical Therapist, Omaha



**Todd Stull, MD**  
Addiction Psychiatrist,  
Lincoln



**Ken Zoucha, MD**  
Assistant Professor, UNMC  
Addiction Medicine Specialist



JOINTLY ACCREDITED PROVIDER<sup>™</sup>  
INTERPROFESSIONAL CONTINUING EDUCATION

## Continuing Education

In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.