

# **Pain & Substance Use Disorder ECHO**

# **Recovery & Relapse: The 7 F's**

ECHO Call: Thursday, July 15, 12 p.m. – 1:15 p.m. (CST)



### **Overview**:

This ECHO (Extension for Community Healthcare Outcomes) is comprised of a group of experts assembled to help care teams in Nebraska address complex issues related to addiction and pain.

#### **Target Audience:**

- Physicians, Physician Assistants and Nurse Practitioners
- Pharmacists
- Licensed Mental Health Therapists
- Licensed Alcohol and Drug Counselors
- Program staff associated with entities that treat substance use disorder and/or pain

### **Educational Objectives:**

- Improve compassionate patient/client centered care for substance use disorders and pain
- Identify types of evidence-based relapse prevention strategies for pain and substance use disorders.

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UNIVERSITY OF NEBRASKA MEDICAL CENTER\*\* **PSYCHIATRY** 

JNIVERSITY

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#### Presenter: Aaron Barnes Addiction Recovery Coach

Aaron has experience helping many people struggling with addiction, mental-health, and physical health challenges to stay sober and implement and maintain healthy habits that will serve their greater well-being. He works compassionately with clients and serves as a client liaison with other clinical, health and wellness providers. He helps clients navigate weekly, daily, or even moment-by-moment challenges they inevitably face during the various phases of recovery.

## Accredited Continuing Education:



In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Nebraska Medical Center designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Nebraska Medical Center designates this activity for **1.0** ANCC contact hour(s). Nurses should only claim credit for the actual time spent participating in the activity.

Continuing Education (CE) credits for psychologists are provided through the cosponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity has been approved for **1.0** credit hour of continuing education credit.

#### LADC approval

This webinar is approved by the Nebraska Department of Health and Human Services Regulation & Licensure for **1.0** contact hour(s) for Nebraska Licensed Alcohol/Drug Counselors. Approval #21.517.



**To participate and register:** Register for this ECHO call by July 11, 2021 https://cmetracker.net/UNMCCE/Login?formname=RegLoginLive&EventID=48333 CID: 48333