



University of Nebraska
Medical Center

Pain & Substance Use Disorder ECHO



Learn from Substance Use Disorder Experts!

What: ECHO (Extension for Community Healthcare Outcomes) is an opportunity for providers across the state to get specialist knowledge, clinical advice and recommendations from substance use and pain management specialists in a virtual learning network.

More about ECHO: ECHO uses videoconferencing technology to connect addiction and pain management specialists with providers to discuss de-identified cases related to substance use disorders. Each ECHO call consists of a brief didactic presentation followed by a clinical case discussion from a provider and recommendations from the team for treatment. Visit <https://echo.unm.edu/> for more information.

Clinical Goals/Objectives:

- Improve compassionate patient-centered care with substance use disorder and pain management.
- Teach evidence-based principles for screening and treatment, harm reduction, stigma reduction, and compassionate patient centered care for substance use disorders and pain management.
 - Early screening and recognition of pain and substance use disorders to aid in stigma reduction and early intervention.
 - Develop self-efficacy for providers and assist in referrals for pain and substance use disorders.
 - Provide tools and documented strategies for working with clients including medication, referrals, lifestyle changes, early intervention, and treatment.

How it works:

- Join an online video conference from your office
- Share and discuss clinical cases related to pain management and substance use disorders
- Learn from experts in pain management and substance use disorders

Who should participate: Any provider interested in more effectively treating clients and patients with pain management and substance use disorders.

When: 12 - 1:15 p.m. (CDT/CST), on Thursdays (see Call Didactic Schedule below) via Zoom Videoconferencing.

Why Participate:

- Opportunities to collaborate with experienced providers statewide including the following professions- LIMHP, physician, nurse, social worker and individuals with lived experience.
- Integration of behavioral health into primary care
- No cost to participate

To Participate and register:

Register for the ECHO series at:

<http://bit.ly/PainAddictionECHO>



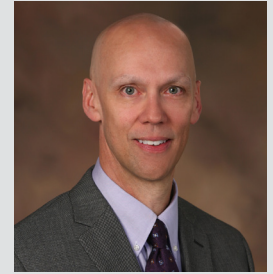
Curriculum for Case-Based Learning and Discussion:

- Addressing Stigma: Medications for Addiction Treatment - Oct. 1, 2020
- Harm Reduction Models for SUD - Oct. 15, 2020
- How to Have Difficult Conversations - Nov. 5, 2019
- Evoking Motivation for Change - Nov. 19, 2020
- Trauma Informed Care for SUD and Pain - Dec. 3, 2020
- Substance Use Disorders and the Family - Dec. 17, 2020
- Screening, Brief Intervention and Referral to Treatment and Assessment Tools for Pain and SUDs - Jan. 7, 2021
- Emerging Technologies for SUD and Pain Disorders - Jan. 21, 2021
- Non-Pharmalogical Options for Pain Management - Feb. 4, 2021
- Cognitive Behavioral Therapy for Pain - Feb. 18, 2021
- Co-Occurring Pain and Substance Use Disorders - March 4, 2021
- Social and Peer Support - March 18, 2021
- MAT 101 - April 1, 2021
- MAT 2021 - April 15, 2021
- Emerging Technologies in Recovery - May 6, 2021
- PDMP - May 20, 2021
- Recovery Support Networks, June 3, 2021
- ASAM: Medical and Behavioral Health Perspective - June 17, 2021
- ASAM: Behavioral Health Components - July 1, 2021
- Recovery and Relapse: The 7Fs, July 15, 2021
- Pain, Addiction, and Personality - August 5, 2021
- Special Populations: Pain and SUDs: Geriatrics - August 19, 2021
- How to Leverage a Teamwork Approach for Treating SUDs and Pain Disorders - Sept. 2, 2021
- Evidence Based Treatments for Stimulant Use Disorders - Sept. 16, 2021

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Dr. Christine Chasek
Clinical Mental Health
Counselor and Addiction
Counselor, Kearney



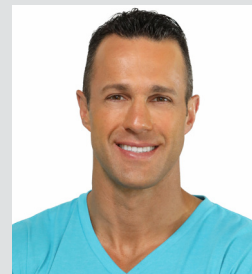
Dr. Todd Stull
Addiction Psychiatrist,
Lincoln



Dr. John Massey
Pain Medicine Specialist,
Lincoln



Dr. Ken Zoucha
Assistant Professor, UNMC
Addiction Division Director



Aaron Barnes
Addiction Recovery Coach
and Personal Trainer, Omaha



Sandy Bulin
Licensed Practical Nurse,
Lincoln