Pain & Substance Use Disorder ECHO

Learn from Substance Use Disorder Experts!

**What:** ECHO (Extension for Community Healthcare Outcomes) is an opportunity for providers across the state to get specialist knowledge, clinical advice and recommendations from substance use and pain management specialists in a virtual learning network.

**More about ECHO:** ECHO uses videoconferencing technology to connect addiction and pain management specialists with providers to discuss de-identified cases related to substance use disorders. Each ECHO call consists of a brief didactic presentation followed by a clinical case discussion from a provider and recommendations from the team for treatment. Visit https://echo.unm.edu/ for more information.

**Clinical Goals/Objectives:**
- Improve compassionate patient-centered care with substance use disorder and pain management.
- Teach evidence-based principles for screening and treatment, harm reduction, stigma reduction, and compassionate patient centered care for substance use disorders and pain management.
  - Early screening and recognition of pain and substance use disorders to aid in stigma reduction and early intervention.
  - Develop self-efficacy for providers and assist in referrals for pain and substance use disorders.
  - Provide tools and documented strategies for working with clients including medication, referrals, lifestyle changes, early intervention, and treatment.

**How it works:**
- Join an online video conference from your office
- Share and discuss clinical cases related to pain management and substance use disorders
- Learn from experts in pain management and substance use disorders

**Who should participate:** Any provider interested in more effectively treating clients and patients with pain management and substance use disorders.

**When:** 12 - 1:15 p.m. (CDT/CST), on Thursdays (see Call Didactic Schedule below) via Zoom Videoconferencing.

**Why Participate:**
- Opportunities to collaborate with experienced providers statewide including the following professions - LIMHP, physician, nurse, social worker and individuals with lived experience.
- Integration of behavioral health into primary care
- No cost to participate
To Participate and register:


Curriculum for Case-Based Learning and Discussion:

- Addressing Stigma: Medications for Addiction Treatment - Oct. 1, 2020
- Harm Reduction Models for SUD - Oct. 15, 2020
- How to Have Difficult Conversations - Nov. 5, 2019
- Evoking Motivation for Change - Nov. 19, 2020
- Trauma Informed Care for SUD and Pain - Dec. 3, 2020
- Substance Use Disorders and the Family - Dec. 17, 2020
- Screening, Brief Intervention and Referral to Treatment and Assessment Tools for Pain and SUDs - Jan. 7, 2021
- Emerging Technologies for SUD and Pain Disorders - Jan. 21, 2021
- Non-Pharmacological Options for Pain Management - Feb. 4, 2021
- Cognitive Behavioral Therapy for Pain - Feb. 18, 2021
- Co-Occurring Pain and Substance Use Disorders - March 4, 2021
- Social and Peer Support - March 18, 2021
- MAT 101 - April 1, 2021
- MAT 2021 - April 15, 2021
- Emerging Technologies in Recovery - May 6, 2021
- PDMP - May 20, 2021
- Recovery Support Networks, June 3, 2021
- ASAM: Medical and Behavioral Health Perspective - June 17, 2021
- ASAM: Behavioral Health Components - July 1, 2021
- Recovery and Relapse: The 7Fs - July 15, 2021
- Pain, Addiction, and Personality - August 5, 2021
- Special Populations: Pain and SUDs: Geriatrics - August 19, 2021
- How to Leverage a Teamwork Approach for Treating SUDs and Pain Disorders - Sept. 2, 2021
- Evidence Based Treatments for Stimulant Use Disorders - Sept. 16, 2021

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