

Department of Family Medicine

Newsletter - December 2023

Department of Family Medicine

November 2023 Group Photo



Department Business Meetings

2024 Tentative Dates:

January 8th - 12:15 PM

February 12th - 12:15 PM

March 11th - 12:15 PM

April 8th - 12:15 PM

May 13th - 12:15 PM

June 10th - 12:15 PM

July 8th - 12:15 PM

August 12th - 12:15 PM

September 9th - 12:15 PM

October 14th - 12:15 PM

November 11th - 12:15 PM

December 9th - 12:15 PM

Upcoming Events:

Family Medicine Bowling

Saturday, February 17th

11 AM - 3 PM

at ICC Bowlatorium

2701 S 25th St, Omaha, NE

***This will be a child free event.**

[RSVP here](#)

New Faculty:

Volunteer Assistant Professor



Hannah Hornsby, DO

Farewell:



Toby Free, MD



Lindsey Schindler, DO

Resident Wellness Day

Residents spent the annual Wellness Day with dodge ball, yoga, and making holiday crafts. They also participated in a gingerbread house making contest. Congratulations to the winning team, The Brendans, on the win!



December 20, 2023

Medical Student Education

- The Koefoot Banquet will take place at the annual NAFP Annual Meeting and Scientific Assembly meeting in Kearney in March. More details and this year's recipient will be announced at a later date. The 76th Annual Meeting and Scientific Assembly will be held at the Younes Conference Center North (Kearney, NE) on March 21-23, 2024. [Meeting details found here.](#)
- LCE preceptors are needed. Please contact [Jolene Wees](#) if you are interested.
- M3 students will begin registering for their M4 courses on January 18th.

Sports Medicine Fellowship

The Primary Care Sport Medicine fellowship held virtual interviews this year. Match Day will take place on January 10th to fill two program spots.

Fellowship Program:

- Dr. Michael Hall completed his fellowship in 2023 and now practices at OrthoNebraska.
- Dr. Michael Osterholt will complete the program in 2024.

Diversity, Inclusion, & Equity

Department of Family Medicine DEI Associate Program Director, Dr. Neil Kalsi, presented at the DFM Business Meeting on November 6.

- Presented climate survey results.
- Coming soon: Family Medicine DEI webpage.
- Website will highlight the mission, vision, and department initiatives.
- Resources to reporting tools, department education and activity opportunities.

Contact Dr. Kalsi at neil.kalsi@unmc.edu if you are interested on working on department DEI initiatives.

The Family Medicine Research Leadership Team provides infrastructure support to research activities of Family Medicine faculty, residents and medical students.

[Department of Family Medicine Research SharePoint page](#)

Resources for faculty and residents

- Dedicated study and research support
- Study planning
- Institutional Review Board (IRB) applications
- Writing and grant support
- Data acquisition
- Data and statistical analysis
- Dissemination of findings
- Funding
- Journal placement

Move your project forward and email Mary Beth Steele to set up a meeting (marsteele@unmc.edu).



Research Highlights

Accepted to STFM Spring Conference

Lead me to Lead Screening: Improving Lead Screening Rates at Urban, High-Risk Family Medicine Clinics

Hannah Christiansen, MD, Drea Jones, MD, Haley Mathews MD

Food Insecurity Risk and its Relationship to Patient Perspectives of Barriers to Eating a Healthy Diet: Single Cohort Study

Carol Schroeder, Jenenne Geske, PhD, Birgit Khandalavala, MD

Dietary quality in an urban primary care patient population

Aaron Allison, Birgit Khandalavala, MD, Jenenne Geske, PhD

Barriers to diabetes control encountered by Q'anjob'al- and Karen-speaking patients

Cruz Langoria, Melanie Menning, MD, MPH, Jenenne Geske, PhD

Hunger Vital Sign outcomes are related to diet quality in patients at a Midwestern urban underserved clinic

Aaron Allison, Birgit Khandalavala, MD, Jenenne Geske, PhD

The yays and nays of a learner - led book club wellness activity

Birgit Khandalavala, MD, Cruz Langoria

Linguistic and cultural adaptation of patient diabetes self-management curriculum for patients who speak Karen or Q'anjob'al

Melanie Menning, MD, MPH

Dietary Quality Assessment in a Family Medicine Academic Center-Comparing Patient Population to Residents in the Program

Stephanie Emig-Witt, MD, Jenenne Geske, PhD, Birgit Khandalavala, MD

Resident Physical Lifestyle & Diet Survey: A Multi-State & Program Analysis

Nicole Delgado-Salisbury, PhD, Jenenne Geske, PhD, Minakshi Shukla, MD, Katherine Hartl, MD, Grant Pierre, MD, Stephanie Emig-Witt, MD, Birgit Khandalavala, MD

Clinic Presence:

Durham Outpatient Center
Bellevue Medical Center
Millard Health Center
Fontenelle Health Center
Chalco Health Center
Eagle Run Health Center
Elkhorn Health Center
OneWorld Community Health Center
Girls Inc. Health Center
Premier Family Medicine

Clinic



Coming soon: Family Medicine will soon have clinic presence in Papillion at Premier Family Medicine. The department will be welcome new faculty members starting in 2024.

Nebraska Area Health Education Center

The Nebraska Area Health Education Center (AHEC) Program recently welcomed its newest class of Nebraska AHEC Scholars. The program, part of national initiative, is designed to prepare health profession students to serve in rural and urban underserved areas of the state.

- The 2023 – 2025 cohort includes 74 students from UNMC, Creighton University, Union College, and community college partners. [Learn more about this year's class of AHEC Scholars.](#)
- During the two-year program, Scholars engage with a variety of health professionals, community leaders and potential employers. They gain insight into health care issues, culture and environmental factors, and community resources in Nebraska to better understand future patients and communities they will serve.
- AHEC Scholars are supported by five regional AHEC Centers across the state: Omaha AHEC housed at University of Nebraska at Omaha, Northern NE AHEC in Norfolk, Central NE AHEC housed at University of Nebraska at Kearney, NE Panhandle AHEC in Scottsbluff, and Southeast NE AHEC housed at Southeast Community College in Lincoln.





Fay Smith, MD, Francis Land, MD, and Margaret Faithe, MD

Department Awards and News

AAMC report showcases COM strength in family medicine

Recent report shows UNMC among top in country for graduates practicing family medicine. [UNMC Today article.](#)

InterCOM Resident of the Month

Nathan Harms, MD, will become a rural physician in Ord, Nebraska, following residency. [InterCOM article here.](#)

Ask UNMC!

Dr. Neil Kalsi featured on [Ask UNMC!](#)

UNMC History: Family Medicine pioneers

Although specialization began to change the face of medical practice in the 19th century, most physicians still were general practitioners through the early 20th century. [UNMC Today article here.](#)



Chalco clinic on Halloween, 2023.