

# Department of Family Medicine

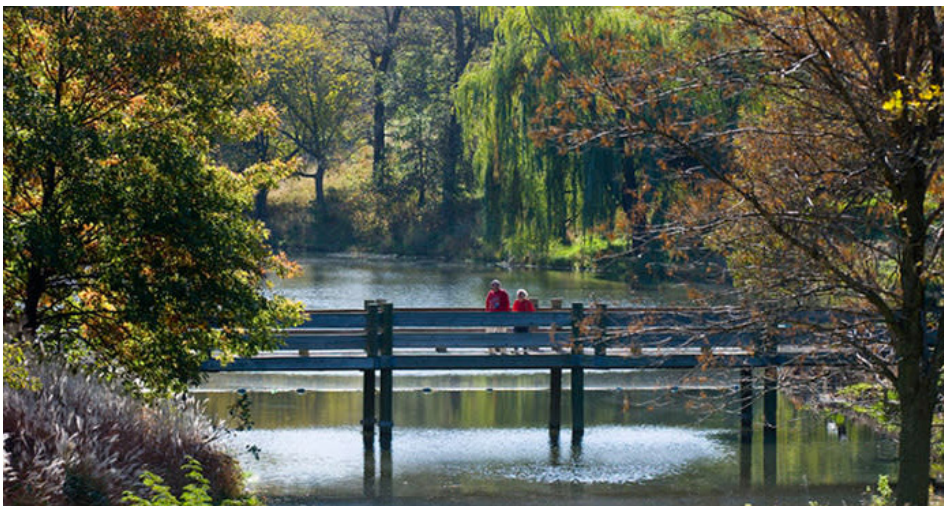
**Newsletter - April 2023**

## Family Medicine Summer Outing

**When:** Saturday, July 8

**Where:** Mahoney State Park

Please join the Family Medicine department for the annual summer welcome event at Mahoney State Park on Saturday, July 8. The pavilion will be open from 10:00 am- 5:00 pm to our department. Please check in on arrival to receive your name tag. Dr. Jarzynka will give a welcome speech at 11:30 am and boxed sandwich lunches will be served. Each attendee ages 3 and up will also receive three activity tickets. [Please RSVP here](#). Deadline to RSVP is Friday, June 16.



### New Faculty, Staff, APPs

#### New APP:

**Jennifer Davis, PA-C - DOC**



Jennifer Davis, PA-C

#### Faculty Transitions:

**Dr. Armando De Alba** - promoted to Associate Professor

**Dr. Jessica Koran-Scholl**

Farewell Open House on April 27.



Dr. Koran-Scholl

**Dr. Douglas Wheatley**

Retirement Celebration on June 21.



Dr. Wheatley

# 2023-2024 Residents

Congratulations to the residents joining the UNMC Department of Family Medicine program on July 1, 2023.

## Subinterns:

- Nicole Beckman - UNMC
- Mark Carter - UNMC
- Rose Nelson - UNMC
- Anna Wilwerding - UNMC

## Air Force:

- Chance Cosgriff - UNMC
- Jake Herber - Marian University of Osteopathic Medicine
- Alexander Ogden - NYIT College of Osteopathic Medicine
- Vincent Pozorski - University of Wisconsin School of Medicine
- Stephanie Radil - UNMC
- Minnie Sakulsakpinit - Western University of Health Sciences
- Cody Scott - Eastern Virginia Medical School
- Brent Tate - Kansas City College of Osteopathic Medicine

## Traditional:

- Spencer Cooper - Rocky Vista University College of Osteopathic Medicine
- Brittany Weaver - University of Kansas School of Medicine
- Ethan Weeks - Kansas City University College of Osteopathic Medicine
- Abigail Zikmund - A.T. Still University Kirksville College of Osteopathic Medicine

## Rural Training Track:

- Kendall Niehaus - Kearney - Des Moines University College of Osteopathic Medicine
- Alex Pfeifer - Grand Island - Burrell College of Osteopathic Medicine at New Mexico State University
- David Surujpaul - Grand Island - All Saints University of Medicine Dominica
- Ryan Tomlinson - North Platte - University of Medicine & Health Sciences St. Kitts
- Leslie Towery - Scottsbluff - UNMC Primary Care
- Advait Vasavada - Scottsbluff - M.P. Shah Medical College



# 10th Annual Resident Research Symposium

On March 22, thirteen third-year residents presented their research posters for the 10th Annual Family Medicine Resident Research Symposium held in the Wigton Heritage Center. Rural residents presented their posters at the Nebraska Academy of Family Physicians Annual Spring Assembly in Kearney, Nebraska on April 14. Two oral presentations will take place at May Grand Rounds.



# Medical Student Education

## 2023 Family Medicine Student Awards

### Dr. James Leahy Memorial Award - Geena Tangeman

The Dr. James Leahy Memorial Award is given annually in memory of Dr. Leahy, who was an Assistant Professor of Family Practice at UNMC. This award is given to an outstanding senior medical student who will enter the Family Medicine House Officer program at UNMC.

### Fay Smith Award - Daniela Cortes-Reyes

The Fay Smith Award is given to a graduating UNMC student who has completed a family medicine clerkship and who will be entering a family medicine residency program.

### Notes and Highlights

- Phase 3 students are currently participating in Residency Prep Course. The first two weeks are the entire class and then the second two weeks, students break into groups by specialty. Thank you to all our faculty members who volunteered.
- 15 UNMC students matched into Family Medicine all over the country.
- The first group of students from the Class of 2025 began their Family Medicine Clerkship on April 3. A total of 26 students made up the largest group ever had.

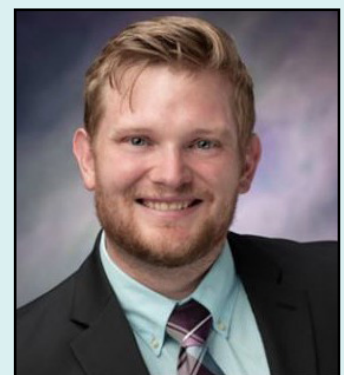


# Sports Medicine Fellowship

The program will welcome its second fellow, Michael J. Osterholt, MD, who will join in July 2023.

Program Director, Jason Meredith, MD, CAQSM, FAAFP, was recognized as the [Fellowship Director of the Month](#) in February by the UNMC College of Medicine.

Dr. Michael Hall was the first fellow to join the program in July 2022.



Sports Medicine Fellow Dr. Michael J. Osterholt



The Family Medicine Research Leadership Team provides infrastructure support to research activities of Family Medicine faculty, residents and medical students.

[Department of Family Medicine Research SharePoint page](#)

Resources for faculty and residents

- Dedicated study and research support
- Study planning
- Institutional Review Board (IRB) applications
- Writing and grant support
- Data acquisition
- Data and statistical analysis
- Dissemination of findings
- Funding
- Journal placement

Move your project forward and email Mary Beth Steele to set up a meeting ([marsteele@unmc.edu](mailto:marsteele@unmc.edu)).



# Research Highlights

## Family Medicine Research Retreat

Help shape the future of research in the department of family medicine.

May 12th, 2023  
8:00 am to 1:00 pm

Haven 150  
12370 S 150th St

## Upcoming Conferences

04/29-05/03 Tampa FL  
STFM ANNUAL SPRING CONFERENCE

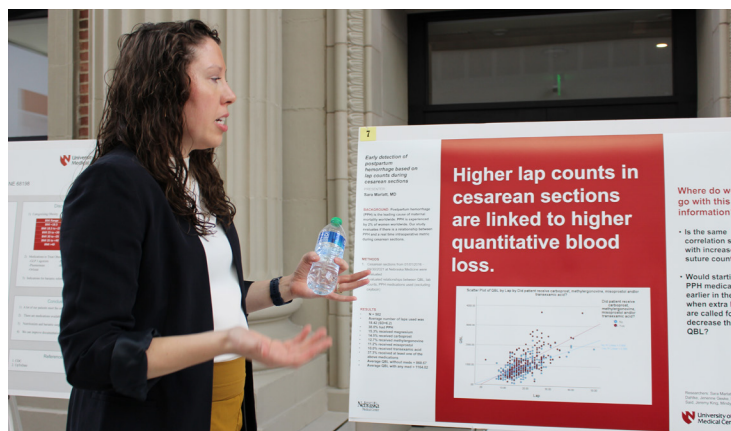
05/23-25/2023 Virtual Meeting  
INTERPROFESSIONAL EDUCATION  
COLLABORATIVE

07/27 - 07/29/2023 Kansas City MO  
AAFP CONFERENCE

09/11 - 09/13 St. Louis MO  
STFM CONFERENCE ON PRACTICE &  
QUALITY IMPROVEMENT

10/30-11/03/2023 San Francisco CA  
NAPCRG ANNUAL MEETING

Stay tuned for results from the 10th  
Annual Resident Research Symposium



# Clinic

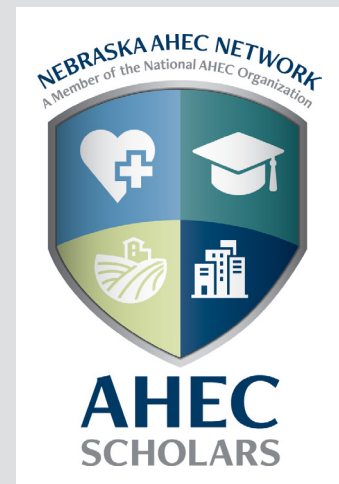
## Clinic Presence:

Durham Outpatient Center  
Bellevue Medical Center  
Millard Health Center  
Fontenelle Health Center  
Chalco Health Center  
Eagle Run Health Center  
Elkhorn Health Center  
OneWorld Community Health Center  
Girls Inc. Health Center



## Nebraska Area Health Education Center

- The Nebraska AHEC Scholars Program held a virtual statewide workshop for Scholars across the state that focused on interprofessional education. An interprofessional panel consisting of a physician, pharmacist, nurse, radiologic technician, and physical therapist shared about the importance of leaning on all members of a team when providing patient care and the benefits of practicing in rural or underserved areas.
- Over 60 AHEC Scholars will graduate in June from the 2021-2023 cohort. AHEC Scholars is a two-year supplemental program for health professions students interested in working in rural and underserved areas.





Dr. Armando De Alba

## Department Awards and Accolades

### **UNMC Faculty Senate Spirit of Community Award: Dr. Armando De Alba**

This merit award is presented to a faculty member who, through continuing commitment to the surrounding underserved or isolated communities has used expertise, resources, talent, and time without remuneration or has enabled others to provide community service in the following types of programs/projects.

### **Women's Health Advocate Award: Dr. Andrea Jones**

Dr. Andrea Jones was presented with The Links, Incorporated Women's Health Advocate Award at the 8th Annual Red Dress Event.

### **Nebraska Public Health Defender Award: Dr. Alex Dworak**

UNMC's College of Public Health named Alex Dworak, MD, the winner of our Nebraska Public Health Defender Award at the Nebraska Public Health Conference. This annual recognition honors rising public health practice leaders who exemplify an unwavering commitment to health equity and social justice.

### **Life Savers Award: Dr. Jennifer Liu**

Dr. Liu, along with her husband, Dr. Howard Liu, were honored with the Life Savers Award from Nebraska Cures at its Spring Tribute Reception. Nebraska Cures has annually presented the Life Saver Award to philanthropists, scientists, clinicians and educators who exemplify the organization's mission to promote, support and advocate for scientific research and education to advance both quality of life and the economy.

### **National Hispanic Medical Association Physician of the Year: Dr. Armando De Alba**

The award is given annually to recognize a physician's continued leadership to improve the health of the Hispanic community in the U.S. Dr. De Alba was recognized with the Physician of the Year Award in late April during the National Hispanic Medical Association's annual meeting in Chicago.



Dr. Andrea Jones - Women's Health Advocate





Dr. Alex Dworak, Nebraska Public Health Defender Award



Dr. Harrison with AAFP Fellows Dr. Hannah Christiansen, Dr. Melanie Menning, and Dr. Andrea Jones

### National Academies of Practice Distinguished Fellow of Medicine: Dr. William Hay

Distinguished practitioners and scholars are elected by their peers from multiple different health professions to join the only interprofessional group of healthcare practitioners and scholars dedicated to supporting affordable, accessible, coordinated quality healthcare for all.

#### AAFP Fellow Inductees: Drs. Hannah Christiansen, Andrea Jones, and Melanie Menning

The Degree of Fellow recognizes AAFP members who have distinguished themselves among their colleagues and in their communities through service to our specialty, the advancement of health care, and professional development through medical education and research.



Dr. William Hay, National Academies of Practice Distinguished Fellow of Medicine