

# Department of Family Medicine

newsletter - december 2022



## New Faculty and Staff

### New Staff:

**Mary Beth Steele** -  
Research Office Associate

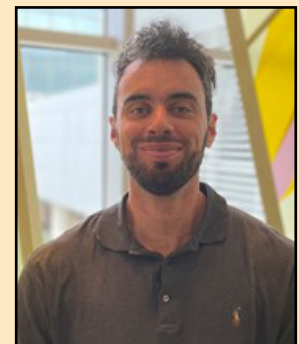
**Devin Schleicher**  
- transitioned from  
Student Health to  
Credentialing Associate

### New APP:

**Ronnie Reese** - Chalco



Mary Beth Steele  
Research Office Associate



Devin Schleicher  
Credentialing Associate

The Student Health  
Administration staff have moved  
from the Department of Family  
Medicine. The Student Health  
clinic will remain in DOC.

# Residency Program

The residency track previously known as the Urban Underserved Track has been renamed to the **Community Health Track**.

Residents in the **Community Health Track** are expected to be able to practice bilingually or have willingness to learn Spanish through the one on one personalized Spanish program, ¡Sí!

The cornerstone of the **Community Health Track** is One World Community Health Center (pictured below).





# Resident Wellness Day

On December 21, department residents participated in the annual Resident Wellness Day instead of the traditional Teaching Day and Grand Rounds schedule. The day started at the Center for Healthy Living where residents participated in yoga, a run/walk, or a spin class. More activities included puzzles, cookie decorating, a gift exchange, open gym, and crafts. Wellness Day concluded with a cooking class with Dr. Sue Evans at the Metro Teaching Kitchen.



# Medical Student Education

## Koefoot Award 2022

On Nov.11, Timothy Blecha, MD, of Superior, Nebraska, was recognized by the UNMC Department of Family Medicine as the 2022 recipient of the Marion D. and Theodore H. Koefoot, Jr., MD, Outstanding Preceptor in Rural Family Medicine Award.

Dr. Blecha was also celebrated by his family, staff and colleagues at the Brodstone Family Medical Center during the luncheon.



## Notes and Highlights

- LCE Preceptors needed - contact Jolene at [jolene.wees@unmc.edu](mailto:jolene.wees@unmc.edu)
- Phase 2 student clerkship schedule to begin. Always looking for new clerkship sites across the state.

## Upcoming Dates:

1/30/23 - M3 Orientation

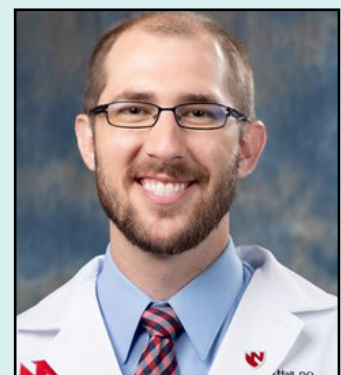
# Sports Medicine Fellowship

This Primary Care Sports Medicine (PCSM) fellowship is a twelve-month program sponsored by the University of Nebraska Medical Center Department of Family Medicine. It is entering its second year.

The fellowship wrapped up virtual interviews for 2022-2023 in November 2022.

Program Director: Jason Meredith, MD, CAQSM, FAAFP

Dr. Michael Hall was the first fellow to join the program in July 2022.



Sports Medicine Fellow Dr. Michael Hall

The Family Medicine Research Leadership Team provides infrastructure support to research activities of Family Medicine faculty, residents and medical students.

[Department of Family Medicine Research SharePoint page](#)

Resources for faculty and residents

- Dedicated study and research support
- Study planning
- Institutional Review Board (IRB) applications
- Writing and grant support
- Data acquisition
- Data and statistical analysis
- Dissemination of findings
- Funding
- Journal placement

Move your project forward and email Mary Beth Steele to set up a meeting ([marsteele@unmc.edu](mailto:marsteele@unmc.edu)).



# Research Highlights

## STFM 2023 Annual Spring Conference Accepted Projects

### Seminars

*Obesity bias education: Engaging learners near and far.*  
Khandalavala B; Koran-Scholl J

### Posters

*Family medicine residents' nutrition and lifestyle survey: A longitudinal study and implications for cardiometabolic health.*  
Emig S; Geske, J; Khandalavala, B

*"Just Text Me" - Utilizing Text Messages to Support Resident Wellness.*  
Koran-Scholl J; Geske, J

*Lactation Education Elective for Senior Medical Students.*  
Christiansen H; Bosworth D; Tyler A

*Improving Outpatient Precepting through Focused Faculty Development and ABFM Part 4 Credit.*  
Christiansen H; DeSpain S; Jarzynka K; Meredith J

*Curriculum Enhancement Seminar - Integrating Mindfulness and Nutrition Education for Senior Medical Students.*  
Koran-Scholl J; Khandalavala B

*Impact of an Obesity Bias Workshop on Medical Student Recognition and Mitigation of Bias.*  
Koran-Scholl J; Khandalavala B; Chandra J

*Improving Lead Screening Access and Rates at an Urban, High-Risk Family Medicine Clinic.*  
Christiansen H; Jones A; Mathews H

*Dietary quality results across the continuum of medical education from medical school to residency.*  
Emig S; Geske J; Khandalavala B

### Upcoming Conferences

1/26/23-1/29/23 New Orleans, LA  
STFM Conference on Medical Student Education

2/23/23-2/25/23 Nashville, TN  
ACGME Annual Educational Conference

3/3/23-3/5/23 Kansas City, MO  
Residency Leadership Summit

6/3/23-6/8/23 Winnipeg, Manitoba, Canada  
NAFP's Cornhusker Canadian Clinic Conference



# Clinic

## Clinic Presence:

Durham Outpatient Center  
Bellevue Medical Center  
Millard Health Center  
Fontenelle Health Center  
Chalco Health Center  
Eagle Run Health Center  
Elkhorn Health Center  
OneWorld Community Health Center  
Girls Inc. Health Center



## Nebraska Area Health Education Center

- The Nebraska AHEC Program did receive continuation of funding from HRSA, of \$3.6 million, for another five years of funding.
- Lizzy Gillespie has left the Nebraska AHEC Program in December of 2022.
- The Nebraska AHEC Scholars Program, a two-year supplemental program for health profession students interested in working in rural and underserved areas of Nebraska, accepted students into class of 2022 - 2024 from medicine, dentistry, pharmacy, physician assistant, physical therapy, radiologic technology, and nursing students from UNMC and community college partners across the state.





Dr. Jessica Koran-Scholl - UNMC Ombuds Program

## Department Awards and Accolades

### **UNMC Ombuds Program: Jessica Koran-Scholl, PhD**

Jessica Koran-Scholl, PhD, associate professor and director of behavioral health in the department has joined the UNMC Ombuds Program on a part-time basis. The UNMC Ombuds are impartial, confidential consultants who assist faculty, staff and students in resolving conflicts informally, voluntarily and privately.

### **Circle of Distinction: Jeffrey Harrison, MD**

Department chairman, Jeff Harrison, MD, was recognized at the UNMC Circle of Distinction event on October 26 for being named as a Milton G. Waldbaum, MD, Professor of Family Practice. The honor is given by the Milton and Miriam Waldbaum Family Foundation.

### **Distinguished Fellow of the National Academies of Practice in Allopathic and Osteopathic Medicine: William Hay, MD**

Associate professor, Bill Hay, MD, was elected as a Distinguished Fellow of the National Academies of Practice in Allopathic and Osteopathic Medicine. Dr. Hay is recognized as a leader in his profession and in interprofessional care. The NAP is dedicated to supporting affordable, accessible, coordinated quality healthcare for all.

### **Nebraska Health Network Community Relay Participant: Denai Gordon, MD - HO III and Neil Kalsi, MD**

Dr. Gordon and Dr. Kalsi began participating in a pilot project through the Nebraska Health Network for a service called Community Relay. It's an online platform that allows providers and patients alike to search for hundreds of free or low-cost community-based services, from food pantries to housing assistance.

### **STFM Foundation Student Scholarship: Mark Carter under the mentorship of Jennifer Liu, MD**

Mark Carter, a medical student at UNMC, has been awarded a STFM Foundation Student Scholarship from the Society of Teachers of Family Medicine to participate in the 2023 STFM Conference on Medical Student Education. Associate professor, Dr. Jennifer Liu, mentors Carter.



Dr. Bill Hay - Distinguished Fellow of the National Academies of Practice

# Leadership Overview

**Chairman:** Jeffrey D. Harrison, MD

**Vice Chair:** Kimberly Jarzynka, MD

**Residency Program Director:** Kimberly Jarzynka, MD

**Associate Program Director:**  
T. Jason Meredith, MD

**Associate Program Director:**  
Hannah Christiansen, MD

**Associate Program Director:**  
Melanie Menning, MD

**Rural Residency Director:**  
Aaron Lanik, MD

**Associate Program Director:**  
Neil Kalsi, MD

**Medical Education Director:**  
Mindy Lacey, MD

**Director of Behavioral Health:**  
Jessica Koran-Scholl, PhD

**Sports Medicine Fellowship Director:** T. Jason Meredith, MD

**Research Director:**  
Jenenne Geske, PhD

**Administrator:** Kerin Misiunas, MBA

**Education Administrator:**  
Rita Smith

**Research Administrator:**  
Frauke Wilcox

**Assistant Dean DEI Student Programs:** Armando De Alba, MD

**College of Medicine Associate Dean for Admissions:** Kimberly Jarzynka, MD,

**Director of Medical Pathways, College of Medicine, DEI Office:**  
Liliana Bronner, MHSA, MBA

**Faculty Senate Members**  
Andrea Jones, MD (2023)  
Mindy Lacey, MD (2023)  
Alberto Marcelin, MD (2024)  
Monty Mathews, MD (2023)  
Melanie Menning, MD (2024)

**Family Medicine Service Line Chief:** John Smith, MD

**Nebraska Health Network Board of Directors:** Jeff Harrison, MD

**Nebraska Academy of Family Physicians Foundation Trustee:** Aaron Lanik, MD